

GUIDE TO LOCALLY PRODUCED and FAIRTRADE FOOD and DRINK in TRING and DISTRICT
Tring is a Fairtrade Town

Tring Farmers' Market

Church Square, High Street, Tring, Herts www.tringfarmersmarket.co.uk

Alternate Saturdays, 9am–12 Noon (coinciding with Tring Auctions)

Keith and Elizabeth Bennett, Stockings Farm, Bottrells Lane, Coleshill, Amersham. HP7 OJX. 01494 729418: stockingsfarm@yahoo.co.uk; www.stockingsfarm.co.uk Telephone first if calling at farm. Meat: free-range lamb and pork; rabbit, pigeon and game in season; local venison; sausages from traditionally reared livestock; dry-cured, home-reared bacon.

Catrin Clacy, Standals Farm Cottage, Bishopstone, Aylesbury. HP17 8SL. 07890 403675: Eggs laid by rare, traditional pure-bred bantams and chickens. Hatched and reared in a free-range system on our smallholding.

Ledgemore Farm, Great Gaddesden. 01442 244447: Home produced lamb and beef.

Jonathan Lear, Potash Farm Foods, Potash Farm, Puttenham, Nr Tring. HP23 4PP. 07725 091428: www.potashfarmfoods.co.uk Callers by appointment. Meat: local free-range chickens; free-range bronze turkeys, ducks and geese at Christmas.

P.E. Mead & Sons, Wilstone Green, Wilstone, Tring. HP23 4NT. 01442 828478: www.chilterncoldpressedrapeseedoil.co.uk Apple juice from own or locally grown apples; pear juice; rapeseed oil products: Chiltern cold-pressed rapeseed oil (home-grown, pressed and bottled); sauces, dressings and mayonnaise; home produced beef. **To be found at stall of J. Stupples (see below)**

Puddingstone Distillery, Unit 1, Artisan Workshops, P.E. Mead & Sons Farm Shop, Lower Icknield Way, Wilstone, Tring, Hertfordshire HP23 4NT 01442 502033. www.puddingstonedistillery.com. Range of gins produced on site. See also under 'Locally Produced Beers and Spirits'

J. Stupples, Berkhamstead Lodge, Ashridge Park. HP4 1NP. 01442 842252: jstupples@tringfarmersmarket.co.uk Preserves; chutneys; Ashridge honey; apple juice; and organic baked products. All produce is grown, handmade at home or picked wild. No sprays.

Zanni's Bakery, based in Prestwood. 07454 821926 or 07513 020400: info@zannisbakery.com; www.zannisbakery.com Zanni's delicious long fermentation, sourdough bread and baked goods are made from ancient and heritage grains that are grown and baked locally.

Pick Your Own

Grove Farm PYO, Ivinghoe, Leighton Buzzard. LU7 9DZ. 01296 668175: www.grovefarmpyo.co.uk. A wide range of different fruits and vegetables during the season. PYO enables you to select your product fresh from the field at a low cost. Baskets, bags, wheelbarrows and forks provided. There is ample parking and we are open every day in season (approx. mid June to mid October), Mon–Sat 10am–6pm (last entry 5.15pm); Sun 9am–1pm (last entry 12.15pm).

Venues Serving Fairtrade Products

The Akeman, Akeman St, Tring. 01442 826027: www.theakeman.co.uk After a superb Mediterranean meal sit back and enjoy a cup of Fairtrade coffee or hot chocolate sweetened with Fairtrade sugar.

Beechwood Fine Foods (café and shop), 42 Frogmore St., Tring: Enjoy a cup of Fairtrade coffee, tea or hot chocolate; relax over a paper or chat to your friends in this friendly café. (See also under 'Other Shops and Suppliers Selling Locally Produced Food').

The Black Horse Public House, Frogmore Street, Tring HP23 5AZ: Open Sun-Thur 12noon – 11pm, Fri – Sat 12noon – 12pm. Food served Mon-Thur 12 – 3pm, 6pm – 9,30pm, Fri- Sat 12 – 9pm, Sun 12 – 6pm. Enjoy a cup of Fairtrade hot chocolate or herbal tea with Fairtrade sugar in this historic pub.

Brownlow Cafe, The Monument, Ashridge Estate: Open daily during British summer time 8am–6pm, otherwise 8am–4pm. Fairtrade teas, coffees, hot chocolate and sugar served at this popular cafe.

The Cog Cafe, 1/1a Parsonage Place, Tring, Herts HP23 5AT. Open Mon 9am-4pm, Wed - Sat 9am-5pm. Enjoy a cup of Fairtrade tea or coffee here.

Dunsley Farm Tea Room, London Rd, Tring. HP23 6HA: Open Mon–Sat 9am–3.45pm, and Sun 10am–3.30pm. Enjoy a cup of Fairtrade coffee, tea or hot chocolate here.

The Espresso Lounge, 56 High St, Tring: Open Tues–Fri 8am–4pm, Sat, 9am–4pm, Sun, 10am–4pm. Fairtrade coffee and hot chocolate served in this friendly High Street café.

High Street Baptist Church, 89 High St, Tring: Friday Café open Fridays 12 Noon–1.30pm with Fairtrade tea and coffee and freshly cooked lunches. **Coffee for a Cause**, Fairtrade coffee morning, every Tuesday 10.30am-12 Noon. **Afternoon Games** every Wednesday 2-4pm with Fairtrade refreshments.

Isalie, The Fine Food Company, Berkhamsted Lawn Tennis & Squash Rackets Club, Broadwater, Lower Kings Road, Berkhamsted HP4 2AL, 07879 068104: www.isalie.co.uk Open Mon–Sun 9am–6pm. Bar and event management and catering. Fairtrade tea, coffee and sugar and Fairtrade ingredients used whenever possible when baking cakes.

Lussmanns Fish & Grill, 21 High Street, Tring, Herts HP23 5AR. 01442 502250. As part of their commitment to be a sustainable restaurant group, Lassmanns serves Fairtrade coffee, chocolate and sugar.

P.A.M.S Sandwich Bar, 64 High St. Tring, Herts. HP23 4AF. 01442 824262: www.p.a.m.s@live.co.uk Fairtrade chocolate is available.

P.E. Mead & Sons Tea Room, Wilstone Green, Wilstone, Tring. HP23 4NT. 01442 828478: www.pemeadandsons.co.uk Open Mon–Sat 9am–4.30pm, Sun 9.30am–4pm. Fairtrade hot chocolate, coffee, sugar and flavoured teas available in these friendly tea rooms. See also under 'Farm shops Selling Locally Produced Foods'.

St Peter & St Paul's Church, High St, Tring: Fairtrade tea, coffee, sugar and biscuits available in this Fairtrade church each Friday and Saturday 10am–12 Noon. Fairtrade refreshments also served before and after the 10am service each Sunday.

Robin Hood Public House, 1 Brook St, Tring, Herts. HP23 5ED. 01442 824912: www.therobinhoodtring.co.uk This fantastic pub is renowned for its seafood and beer cellar. Fairtrade tea, coffee, hot chocolate, sugar and biscuits are available.

Zebra Café (Natural History Museum at Tring), Akeman St, Tring, Herts: Open Sat, 10.00am–5pm, Sun, 2pm–5pm, and during school holidays Mon–Fri 10.00am–5pm. After visiting the wonderful exhibits in the Museum, enjoy Fairtrade tea, coffee, hot chocolate, fruit juice and chocolate.

Shops Selling Fairtrade Goods

The Co-operative, Silk Mill Way, Tring: Fairtrade products including chocolate, teas, coffee, drinking chocolate, sugar, wines and bananas.

Little Convenience Store, 62 Western Road, Tring, HP23 4BB: Open Mon-Sat 7am-10pm, Sun 8am-9pm. Fairtrade chocolate and drinking chocolate.

Healthfare (previously Harmony) Health Food Shop, 53 High St, Tring. 01442 822311: Fairtrade chocolate, teas, coffees, honey, flour, sugar and more.

Marks & Spencer Simply Food, Dolphin Square, Tring: Fairtrade products including teas, coffees, drinking chocolate, conserves, marmalade, sugar, wine and bananas.

The Old Stables, 2 Miswell Lane, Tring HP23 4BX: Open 8.30am-10pm. Fairtrade sugar, chocolate and hot chocolate.

Tesco, London Rd, Tring: Fairtrade products including chocolate, teas, coffees, drinking chocolate, cocoa, sugar and bananas.

Traidcraft stall at St Peter & St Paul's Church, High St, Tring.
moira.y.hargreaves@btinternet.com 2nd and 4th Fridays, 10am–12 Noon. Range of Fairtrade goods available. Orders accepted by email.

Tring Newsagents, 100 High Street, Tring HP23 4AF. 01442 823092: Open Mon to Sat 6am-8pm, Sun 6am-6pm. Fairtrade coffee, tea, hot chocolate and sugar.

Wilstone Community Shop, 34 Tring Rd, Wilstone, Tring. HP23 4PB. 01442 891167: Open Mon-Fri 7.30am-2pm, Sat 7.30am-1pm, Sun 9am-midday. www.wilstonevillageshop.org.uk A community-run shop selling Fairtrade chocolate, coffee, cocoa and herbal tea. (See also under Other Shops and Suppliers Selling Locally Produced Food).

Farm Shops Selling Locally Produced Foods

Dunsley Farm Shop, London Rd, Tring. HP23 6HA. 01442 823357: Open Mon–Sat 8am–5pm, Sun 9am–4pm. Vegetables and fruit; eggs: free-range hen and duck eggs; fresh chickens; local turkeys at Christmas; locally produced chutney; rapeseed oil; Tring's Own Apple Juice (pressed and bottled in Wilstone); flour (milled in Ivinghoe); locally made relish; local cheeses; homemade cakes, pastries, pies and soups. Tea room.

John's Lane Farm, John's Lane, Ashley Green HP5 3PT. 01442 864366 / 07774 493863: Open every day 8am–6pm. Eggs; milk; oven-ready poultry, and game (in season); cakes; jams; honey; biscuits; apple juice; other soft drinks; vegetables (in season) and ice cream.

P.E. Mead & Sons Farm Shop, Wilstone Green, Wilstone, Tring HP23 4NT. 01442 828478:
www.pemeadandsons.co.uk Open Mon–Sat 9am–5.30pm, Sun, 9.30am–4.30pm. Home produced beef and lamb; free-range eggs; vegetables; apple juice from own or locally grown apples; pear juice; other locally produced food; Chiltern cold-pressed rapeseed oil (home grown, pressed and bottled); salad dressings and mayonnaise; and Heygates flour.

Willowdene Farm, Ford End, Ivinghoe. 01296 668326: Shop open Thurs, 10am–12 Noon; Fri, 8am–5pm; Sat, 8am–1pm. Home-produced meat; eggs; poultry; vegetables; and cheeses; delicatessen.

Other Shops and Suppliers Selling Locally Produced Food

Ashridge Estate Visitor Centre, Moneybury Hill, Ringshall, Berkhamsted HP4 1LT. (near The Monument) 01442 851227: Fresh Ashridge venison on sale for a limited period (probably until end of December 2017).

The Anchor, 73 Western Road, Tring HP23 4BH. Open Mon-Fri 12noon-11pm, Sat & Sun 12 noon-12 pm. This public house serves locally produced food.

Atkins Bakery, 68 Western Rd, Tring. 01442 823392: Bread, baked in Chesham, celebration cakes made to order. Open Mon–Fri, 6am–3pm; Sat, 7am–2pm.

Bakers Dozen, Lower Icknield Way, Tring HP23 4NT. 07549 510763; salut@bakersdozentring.com

Bakers of sourdough bread, to be found from Wednesday to Sunday at **P.E. Mead & Sons Farm Shop, Wilstone Green, Wilstone, Tring HP23 4NT** (see above for opening times) and in restaurants throughout the locality.

Beechwood Fine Foods, 42 Frogmore St, Tring. 01442 828812: Open weekdays, 8.00am–5.30pm; Sat, 8.30am–5pm; Sun, 10.30am–3pm. Café and delicatessen serving Sarah's homemade cakes, Fairtrade tea and coffee. We produce our own range of jams and chutneys. We stock a range of local and speciality produce, including bread baked in Hertfordshire, chocolates from KiwiChik and Ashridge honey and apple juice.

The Cog Café, 1/1a Parsonage Place, Tring, Herts. HP23 5AT: Enjoy locally sourced food.

Ford End Watermill, Station Rd, Ivinghoe. 01442 825421: (approx. 600 metres from Ivinghoe Church) www.fordendwatermill.co.uk Stoneground wholemeal flour is on sale during milling demonstrations (see website).

Isalie, The Fine Food Company, Berkhamsted Lawn Tennis & Squash Rackets Club, Broadwater, Lower Kings Road, Berkhamsted HP4 2AL. 07879 068104: www.isalie.co.uk Open Mon-Sun 9am-6pm. Bar and event management and catering. Soups; hand-made pizza; cakes; bakes; vintage teas. All ingredients are fresh, seasonal and locally sourced where possible. Free delivery for Tring/ Berkhamsted; a small charge for other areas. Event catering, specialising in receptions following funerals.

Jack and Alice Wine Bar, 51 High Street, Tring HP23 5AG. 01442 823993. Open Mon-Thur 9am-11pm, Fri-Sat 9am -12pm, Sun 10am-10.30pm. This lively wine bar serves locally sourced meat and cakes

Jim & Jules Big Adventure, Cheddington. 07976 284746: jules@jimandjules.co.uk; www.jimandjules.co.uk Chutney and preserves (locally sourced and locally made).

Sherry Hostler, Cake Artistry. Unit 3, Artisan Workshops, P.E. Mead & Sons Farm Shop, Lower Icknield Way, Wilstone, Tring, Hertfordshire HP23 4NT. Telephone or email for appointment. Tel. 07786 911222, info@sherryhostlercakeartistry.com. Cakes (mainly wedding and birthday cakes) and cookies, locally baked using local ingredients.

KiwiChik. mail@kiwichik.co.uk; www.kiwichik.co.uk Chocolates and truffles, all hand-made. We will make all chocolates to order so please allow 3-5 days for delivery.

Nigel Nutkins, 113 Longfield Rd, Tring. 01442 825110 / 07950 809851: Locally produced pasteurised apple juice and blended apple/ pear juice. Please phone to press your surplus apples and pears.

Philip Denwood. 01442 827602: Locally produced honey. Please phone for availability.

Waterton Butchers, Dolphin Square, Tring. 01442 827575: Meat, pheasants (from Waddesdon) and local lamb.

Wilstone Community Shop, 34 Tring Rd, Wilstone, Tring. HP23 4PB. 01442 891167: www.wilstonevillageshop.org.uk Open Mon-Fri 7.30am-2pm, Sat 7.30am-1pm, Sun 9am-midday. A community-run shop selling fresh locally baked bread, rolls, pies, pastries and cakes, bacon, ham, sausages, pate, chicken, local free-range eggs, milk, cheese, dairy produce and locally grown vegetables in season.

Locally Produced Beers and Spirits

Tring Brewery Company Ltd, Dunsley Farm, London Rd, Tring. HP23 6HA. 01442 890721: Brewery shop open Mon-Tues 11am–5pm, Wed–Thur 9am–6pm, Fri 9am–7.30pm, Sat, 9am–5pm. Tring Brewery is one of many craft brewers of real ale to be found in the British Isles.

Puddingstone Distillery, Unit 1, Artisan Workshops, P. E. Mead & Sons Farm Shop, Lower Icknield Way, Wilstone, Tring, Hertfordshire HP23 4NT. 01442 502033.

www.puddingstonedistillery.com Open Fri 9am-5pm, Sat 9.30am-5pm. Hertfordshire's 1st gin distillery.
Range of gins produced on site.

About this Guide

This Guide has been produced by the Justice & Peace Group, affiliated to Churches Together in Tring. Although every effort has been made to ensure that the information given here is correct, the Justice & Peace Group cannot accept responsibility for any errors or give any guarantee as to the quality of the produce mentioned.

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